

The stages of goal setting as the beginning of the path to success

The stages of goal setting is the organization of your desires and aspirations , the first step to ensure that try to get you to success. What is the purpose? The goal is more than just a wish or a dream . It desire – unstoppable , which turns into a dream – that which I see as real, with all the details; when all the plans, all the action in one way or another bring you to her. To The Goal. Purpose – the purpose of your work, your achievements. It is a landmark, a beacon that will help you choose the right path. Goal setting is the path to success.

So, stages of goal setting:

– first step: you must clearly understand why you set goals? Why ever did without them, and now decided to set goals and achieve them?

– at the second stage of setting goals, sit down and describe on paper your life in 10 years. How you want to see. And remember – you put yourself on the bar. More than you now imagine/write what you will not have. Write details and details about your proposed work, your family and social sphere.

– the third step: from what you have written – choose a clear description of your goals. Now you know what you will have a flat, what car, where you work, how much to earn , where to travel and how to relax.

– the next, fourth stage, make sure that you have all your goals effective? The goal is effective when it is able to generate inspiration and enthusiasm, when it is really big, so that why you tried to act "on high" . If the target does not match – go back to the second stage. If efficiency is [professional resume services online](#) all right – go ahead.

– the fifth stage: we present in details each of our goals. If this machine – let her make, model, color, etc. the task is to draw in your mind the exact picture(photo) of each goal. You can use real pictures/ photos as a visual illustration of your goals.

– at the sixth stage of setting goals select the 20 most fundamental. And priorities – in the first place that you want to achieve first of all, more than all the others. Next, we arrange the targets in descending order of vital importance. The first three in the list – the most important. They are the first, the most important.

– the seventh stage: every day, think about your three main goals. Think of them as if you already live with them, feel surrounded by them. Live in a state that they have you have.

The stages of goal setting thought out in order to initially organize yourself for success. And once in ten years, having everything planned – remember, it all started with goal setting!